

# HORMONE REPLACEMENT THERAPY

## MAKING AN INFORMED CHOICE

THE RISKS OF HRT VARY FROM WOMAN TO WOMAN SO DURING A MENOPAUSE CONSULTATION WE CAREFULLY ASSESS THE RISK FOR THE INDIVIDUAL WOMAN.



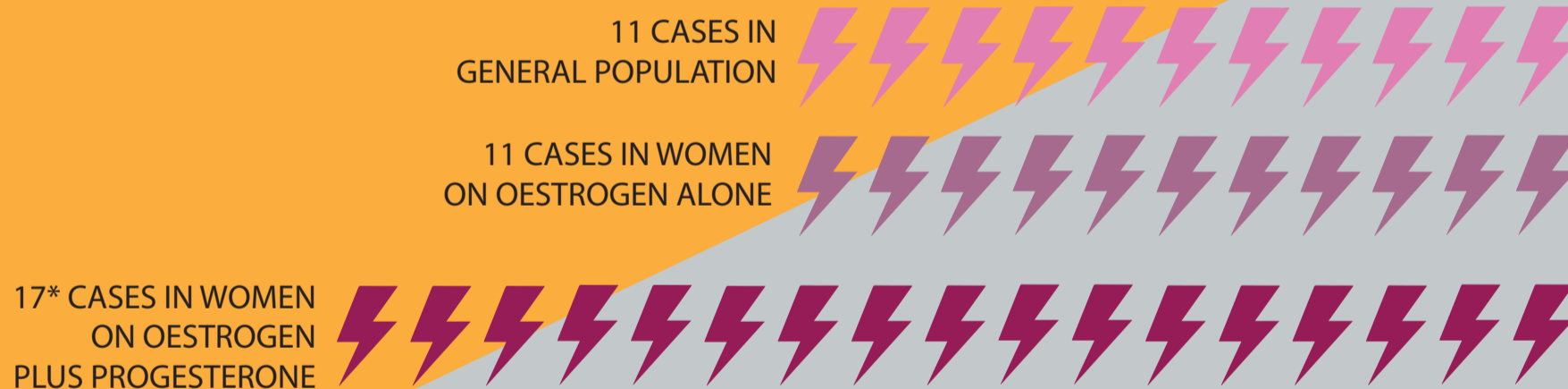
RATES OF CORONARY HEART DISEASE IN WOMEN CURRENTLY TAKING HRT, COMPARED TO THE UK AVERAGE, PER 1,000 WOMEN



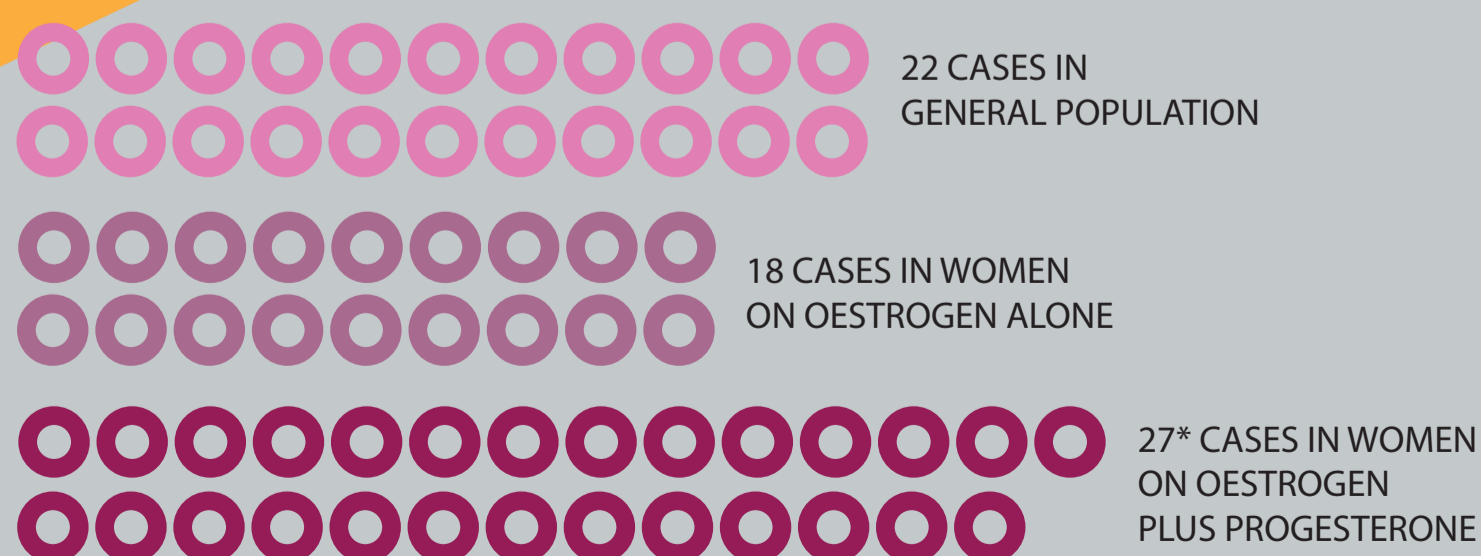
**RATES OF HEART DISEASE**  
(PER 1,000 WOMEN)



**RATES OF STROKE**  
(PER 1,000 WOMEN)



RATES OF STROKE IN WOMEN CURRENTLY TAKING HRT, COMPARED TO THE UK AVERAGE, PER 1,000 WOMEN



RATES OF BREAST CANCER IN WOMEN CURRENTLY TAKING HRT, COMPARED TO THE UK AVERAGE, PER 1,000 WOMEN



**RATES OF BREAST CANCER**  
(PER 1,000 WOMEN)



## RATES OF FRAGILITY FRACTURES (PER 1,000 WOMEN)

69 CASES IN GENERAL POPULATION



46 CASES IN WOMEN ON ANY HRT



RATES OF FRAGILITY FRACTURES IN WOMEN CURRENTLY TAKING HRT, COMPARED TO THE UK AVERAGE, PER 1,000 WOMEN

\* Please note, the risk varies depending on the type of progestogen, oestrogen dose and route of administration involved – please talk to us for more details on the treatment options available

Statistics are based on risk in women aged 50 - 59

**Women can experience vastly different symptoms throughout the menopause, so it's important that treatment is tailored to reflect individual needs and changing symptoms. Not all HRT treatments are the same; it's essential that you understand both the short and long-term benefits and safety profiles of each to ensure that you maintain the best possible health and quality of life at every stage of the menopause.**



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MEDICAL DIRECTOR OF THE DUBLIN WELL WOMAN CENTRE